

TERMS AND CONDITIONS

1. Agreement to Terms

By booking a personal training session, you agree to be bound by these Terms and Conditions. This agreement is between you (the “Client”) and the Personal Trainer Giuseppe Morra (the “Trainer”), a certified personal trainer.

2. Booking and Payment

- Session Booking: Sessions must be booked at least 48 hours in advance to ensure trainer availability.
- Payment: Full payment for each session or package is due at the time of booking unless otherwise agreed upon. Payments can be made via the website.
- Pricing: Rates may vary based on session duration, location, and services provided. Prices are subject to change but will not impact sessions already booked and paid for.

3. Cancellation and Rescheduling Policy

- Client-Initiated Cancellations: Cancellations made at least 24 hours prior to the session will receive a full refund or credit toward a future session. Cancellations made within 24 hours of the session will be non-refundable.
- Trainer-Initiated Cancellations: If the Trainer needs to cancel or reschedule, the Client will be offered a full refund or the option to reschedule the session at a mutually convenient time.
- Late Arrivals: Sessions will begin and end at the scheduled times. If the Client is late, the session will still end at the originally scheduled time, and no additional time will be provided.

4. Session Package Expiration

If the Client has purchased a package of sessions, the package must be used within the months indicated on the website at the time of purchase. Unused sessions after this period will expire, and no refunds will be provided.

5. Health and Safety

- The Client certifies that they are in good health and have received medical clearance to engage in physical exercise if necessary.
- The Client agrees to disclose any relevant health information to the Trainer and to inform the Trainer of any injuries, discomfort, or other medical concerns before or during sessions.
- The Trainer reserves the right to terminate or reschedule sessions if the Client is unable to safely participate due to health concerns.

6. Liability Waiver

The Client understands that personal training involves physical exercise, which can be strenuous and may cause injury. The Client voluntarily participates in sessions at their own risk and assumes full responsibility for any and all risks, injuries, or damages, known or unknown, arising out of their participation.

7. Code of Conduct

- The Client agrees to follow the Trainer's instructions and to use all equipment properly and responsibly.

- Disruptive, offensive, or inappropriate behaviour will not be tolerated and may result in termination of services without refund.

8. Confidentiality

The Trainer agrees to keep all personal information provided by the Client confidential and will not disclose it to any third party unless required by law or with the Client's permission.

9. Intellectual Property

Any workout plans, guides, or programs provided to the Client by the Trainer are for personal use only and may not be reproduced, distributed, or shared without the Trainer's written consent.

10. Amendments to Terms

The Trainer reserves the right to update or amend these Terms and Conditions. Clients will be notified of any changes, which will take effect for all future bookings.

11. Governing Law

These Terms and Conditions are governed by the laws of England, and any disputes arising out of this agreement shall be subject to the exclusive jurisdiction of the courts of England.

Contact Information

For any questions or concerns regarding these Terms and Conditions, please contact Giuseppe Morra at 07955046262